

JTS Northside Activities

Open Sunday- Friday

July 2014

Highlighted Items are new classes!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
		1. 9:30 Craft Class 10:00 Tai-Chi 1:00 Computer Skills class 1:00 Line Dance <i>9:00am-12:00 pm & 1:00pm- 5:00pm Family Resource Center</i>	2. 9:30 Chinese Calligraphy 11:30-12 Laughter Yoga 1:00 Computer Skills Class 1-3pm Cantonese Opera, Multipurpose Room	3. 9:00 Yoga 9:30 Craft Class 10:00 Line Dancing 1:00 Line Dancing	<h2 style="color: red;">Happy 4th of July!</h2> <h2 style="color: red;">Center will be closed.</h2>
6. 10:00-12:00 Computer Skills Class 11:00-12:00 Moving With Mike Workout Class 1:00 Social Dance	7. 9:30 Knitting & Crocheting 10:00 Line dance 1:00 Computer Skills Class	8. 9:30 Craft Class 10:00 Tai-Chi 11:00 Zumba Gold 1:00 Computer Skills class 1:00 Line Dance <i>9:00am-12:00 pm & 1:00pm- 5:00pm Family Resource Center</i>	9. 9:30 Chinese Calligraphy 10:00-11:00 FRED'S Neighborhood Walk (Walking Class) 11:30-12 Laughter Yoga 1:00 Computer Skills Class 1-3pm Cantonese Opera, Multipurpose Room	10. 9:00 Yoga 9:30 Craft Class 10:00 Line Dancing 1:00 Line Dancing	11. 6-8 Indian Dancing 6:30-8 Lighthouse Ministries Christian beginner bible study
13. 10:00-12:00 Computer Skills Class 10:30 Meditation Group 1:00 Social Dance	14. 9:30 Knitting & Crocheting 10:00 Line dance 1:00 Computer Skills Class 1:00pm Birthday Celebration/ Ice cream Social	15. 9:30 Craft Class 10:00 Tai-Chi 10:30-4:30pm Cantonese Opera Drama, Community Room 1:00 Computer Skills class 1:00 Line Dance <i>9:00am-12:00 pm & 1:00pm- 5:00pm Family Resource Center</i>	16. 9:30 Chinese Calligraphy 11:30-12 Laughter Yoga 1:00 Computer Skills Class 1-3pm Cantonese Opera, Multipurpose Room	17. 9:00 Yoga 9:30 Craft Class 10:00 Line Dancing 1:00 Line Dancing	18. 1:00-4:00 Cantonese Opera Drama, Multipurpose Room 6-8 Indian Dancing 6:30-8 Lighthouse Ministries Christian beginner bible study
20. 10:00-12:00 Computer Skills Class 10:30 Meditation Group 1:00 Social Dance	21. 9:30 Knitting & Crocheting 10:00 Line dance 1:00 Computer Skills Class 12:30 Volunteer of the Month	22. 9:30 Craft Class 10:00 Tai-Chi 11:00 Zumba Gold 1:00 Computer Skills class 1:00 Line Dance <i>9:00am-12:00 pm & 1:00pm- 5:00pm Family Resource Center</i>	23. 9:30 Chinese Calligraphy 10:00-11:00 FRED'S Neighborhood Walk (Walking Class) 11:30-12 Laughter Yoga 1:00 Computer Skills Class 1:00-3:00 Cantonese Opera, Multipurpose Room	24. 9:00 Yoga 9:30 Craft Class 10:00 Line Dancing 1:00 Line Dancing	25. 6-8 Indian Dancing 6:30-8 Lighthouse Ministries Christian beginner bible study
27. 10:00-12:00 Computer Skills Class 11:00-12:00 Moving With Mike Workout Class 1:00 Social Dance	28. 9:30 Knitting & Crocheting 10:00 Line dance 1:00 Computer Skills Class	29. 9:30 Craft Class 10:00 Tai-Chi 11:00 Zumba Gold 1:00 Computer Skills class 1:00 Line Dance <i>9:00am-12:00 pm & 1:00pm- 5:00pm Family Resource Center</i>	30. 9:30 Chinese Calligraphy 11:30-12 Laughter Yoga 1:00 Computer Skills Class 1:00-3:00 Cantonese Opera, Multipurpose Room	31. 9:00 Yoga 9:30 Craft Class 10:00 Line Dancing 1:00 Line Dancing	**Daily Blood Pressure Check- 10am